



BHS MemberAccess



Employer ID: DORM



State of Alabama Department of Finance, Division of Risk Management's Employee Assistance Program (EAP)

The State of Alabama through the Department of Risk Management is pleased to offer an expanded Employee Assistance Program through Behavioral Health Systems (BHS). The EAP provides counseling services to employees and their dependents as well as family members.

Many people think that the EAP only covers behavioral, mental health and substance abuse issues, but the expanded EAP through BHS covers services for a variety of life situations, including work/life balance, stress, financial & eldercare guidance.

Employee Assistance Program (EAP) Benefits Include:

- ✓ Three (3) visits/consults
- ✓ Coverage for: marriage & family, stress, financial, and work/life balance
- ✓ Full service MemberAccess portal www.behavioralhealthsystems.com (Employer ID: **DORM**)

There are never any claims to file and EAP visits are covered at 100%. Your use of the EAP is completely confidential. In addition to referral for assessment, counseling your BHS Care Coordinator can assist you in determining the appropriateness and availability of community resources, such as support groups, that may be beneficial.

If you are concerned about your mental health, don't hesitate to seek advice. Your EAP provides free and confidential assessment and counseling services and can assist with issues such as:

Stress Management • Personal Relationships • Marital/Family • Parent-Child Conflict
• Grief • Coping After Tragedy • Depression • Anxiety • Work-Related Problems
Alcohol & Drug Abuse • Life Transitions • Financial Concerns

BHS is available by calling 800-245-1150, on our Mobile App (BHS MemberAccess) or by visiting www.behavioralhealthsystems.com . App and Website Employer ID: **DORM**



BEHAVIORAL HEALTH SYSTEMS