COVID-19 Resources

Listed below are online resources with information on the coronavirus 2019 (COVID-19) outbreak and prevention, as well as advice on how to talk to children about it. To access the websites, please click on the links below.

**The Centers for Disease Control and Prevention**
https://twitter.com/CDCgov

**State & Territorial Health Department Websites**
https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html

**The World Health Organization**
https://www.who.int/news-room/q-a-detail/q-a-coronaviruses
https://www.who.int/health-topics/coronavirus
https://twitter.com/WHO

**Children and the Coronavirus**
https://childmind.org/article/talking-to-kids-about-the-coronavirus

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**ACCESSING YOUR BENEFITS**

Accessing your EAP benefits begins with a call to BHS.

Your BHS Care Coordinator is available Monday-Friday from 7:00 am—5:30 pm CT by calling 800-245-1150.

For more information, visit: behavioralhealthsystems.com. Login to MemberAccess to learn more about your EAP.
Children and the Coronavirus Continued
https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx

WebMD
https://www.webmd.com/lung/coronavirus#1

National Institutes of Health
https://www.nih.gov/health-information/coronavirus

Medical News Today
https://www.medicalnewstoday.com/articles/256521

Mayo Clinic

If you are feeling overwhelmed by stress and anxiety, your BHS Care Coordinator can assist you with finding a BHS provider. The call and treatment are confidential. Call BHS at 800-245-1150 to speak with your Care Coordinator.