



STATE OF ALABAMA
DEPARTMENT OF FINANCE
DIVISION OF RISK MANAGEMENT


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BOB RILEY
Governor

BEN M. SPILLERS
Risk Manager

JAMES ALLEN MAIN
Director of Finance

MEMORANDUM

To: All State Employees
From: Ben M. Spillers 
Risk Manager
Re: Employee Assistance Program
Date: October 1, 2006

The State of Alabama Division of Risk Management (DORM) has expanded its Employee Assistance Program on behalf of the employees of participating agencies, effective October 1, 2006. This program is a professional service which provides confidential assessment, referral, and short-term counseling services to employees and dependents for a variety of mental health, substance abuse and work life issues. The plan provides for up to 3 sessions per plan year and is offered through Behavioral Health Systems, Inc. (BHS), a preferred provider organization specializing in behavioral health care and comprised of high quality providers across the nation. Covered areas include:

- Marital/Family
- Stress/Depression
- Grief/Loss
- ADD/ADHD
- Substance Abuse

All EAP benefits shall be provided through BHS, separate and in addition to your medical group plan. These benefits are automatically available to all employees and dependents of participating agencies.

Highlights of the new EAP are:

- 24 hour information and referral line
- Dedicated professional care coordinator
- Simplified access – one toll free number
- Website for information and access to benefits
- Access to a full range of mental health professionals
- Exclusive nationwide network of providers
- All services must be pre-certified and approved through BHS. You should call BHS first to arrange for an initial face-to-face assessment prior to treatment being rendered.

You may contact BHS at 1-800-245-1150 or access the website at www.behavioralhealthsystems.com. The password is "DORM". BHS will be ready to assist you and answer your questions regarding the new benefits provided at no cost to you by State of Alabama (DORM).

BMS/mbt